



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.mycentivo.com or call 1-888-391-7788. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$500 Individual / \$1,000 Family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible . The benefit accumulation period is from January 1 to December 31.
Are there services covered before you meet your deductible ?	Yes. Preventive care and primary care services are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	\$4,000 Individual / \$8,000 Family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met. The benefit accumulation period is from January 1 to December 31.
What is not included in the out-of-pocket limit ?	Premiums , balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	For additional information, see my.centivo.com or call 1-888-391-7788	This plan does not use a provider network . You can receive covered services from any provider .
Do you need a referral to see a specialist ?	No	You can see the specialist you choose without referral .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay Provider	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 Copayment Deductible does not apply	Virtual visits and telephonic visits are the same as in-office visits.
	Specialist visit	\$55 Copayment Deductible does not apply	Virtual visits and telephonic visits are the same as in-office visits.
	Preventive care/screening/immunization	\$0 Copayment Deductible does not apply	You may have to pay for services that aren't preventive . Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	\$0 Copayment Deductible does not apply	None
	Imaging (CT/PET scans, MRIs)	\$150 Copayment Deductible does not apply	Preauthorization may be required. If you don't get preauthorization , benefits may be reduced.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at express-scripts.com or call 1-800-987-8359	Tier 1 - Generic drugs	Retail: \$15 Copayment Mail Order: \$38 Copayment	Covers up to a 30-day supply (retail subscription); 31-90 day supply (mail order prescription). Deductible does not apply to prescription drug coverage .
	Tier 2 - Preferred brand drugs	Retail: \$50 Copayment Mail Order: \$125 Copayment	
	Tier 3 - Non-preferred brand drugs	Retail: \$80 Copayment Mail Order: \$200 Copayment	
	Tier 4 - Specialty drugs	Subject to Applicable Tier	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% Coinsurance	Preauthorization may be required. If you don't get preauthorization , benefits may be reduced.
	Physician/surgeon fees	30% Coinsurance	None
If you need immediate medical attention	Emergency room care	\$350 Copayment Deductible does not apply	Copayment waived if admitted. All Emergency Services are considered in- network .
	Emergency medical transportation	\$0 Copayment Deductible does not apply	<i>Non-emergent</i> use of the Emergency room results in an additional \$250 penalty.
	Urgent care	MDLive: \$10 Copayment Deductible does not apply All Other: \$60 Copayment Deductible does not apply	Preauthorization is required for non-emergent Air Ambulance. Visit https://www.mycentivo.com/ for urgent care telehealth with MDLive.

* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://my.centivo.com>

Common Medical Event	Services You May Need	What You Will Pay Provider	Limitations, Exceptions, & Other Important Information
If you have a hospital stay	Facility fee (e.g., hospital room)	30% Coinsurance	Preauthorization is required. If you don't get preauthorization , benefits may be reduced.
	Physician/surgeon fees	30% Coinsurance	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: \$0 Copayment Deductible does not apply Partial Day Program: \$0 Copayment Deductible does not apply	Preauthorization may be required. If you don't get preauthorization , benefits may be reduced.
	Inpatient services	\$0 Copayment Deductible does not apply	
If you are pregnant	Office visits	\$55 Copayment Deductible does not apply	Cost sharing does not apply to certain preventive services . Depending on the type of services, copayment , coinsurance , and/or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). Failure to obtain preauthorization for childbirth if inpatient stay exceeds 48 hours for normal delivery and 96 hours after a cesarean delivery may result in benefits being reduced.
	Childbirth/delivery professional services	30% Coinsurance	
	Childbirth/delivery facility services	30% Coinsurance	
If you need help recovering or have other special health needs	Home health care	30% Coinsurance	Limited to 90 visits/year combined with Private Duty Nursing. Preauthorization may be required. If you don't get preauthorization , benefits may be reduced.
	Rehabilitation services	\$55 Copayment Deductible does not apply	Limited to 30 visits/year, per therapy. Includes physical therapy, speech therapy, and occupational therapy.
	Habilitation services	\$55 Copayment Deductible does not apply	
	Skilled nursing care	30% Coinsurance	Limited to 60 visits/year combined with Inpatient Medical Rehabilitation. Preauthorization may be required. If you don't get preauthorization , benefits may be reduced.
	Durable medical equipment	30% Coinsurance	Excludes vehicle modifications, home modifications, exercise, and bathroom equipment. Preauthorization may be required. If you don't get preauthorization , benefits may be reduced.

Common Medical Event	Services You May Need	What You Will Pay Provider	Limitations, Exceptions, & Other Important Information
	Hospice services	30% Coinsurance	Preauthorization may be required. If you don't get preauthorization , benefits may be reduced.
If your child needs dental or eye care	Children's eye exam	Not Covered	Coverage limited as required by PPACA.
	Children's glasses	Not Covered	Not a covered service under this plan .
	Children's dental check-up	Not Covered	Coverage is limited to an oral risk assessment each year as required by PPACA.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)		
- Acupuncture - Bariatric Surgery - Cosmetic Surgery	- Dental Care (Adult) - Hearing Aids - Long-Term Care	- Non-emergency care when traveling outside the U.S. - Routine Foot Care - Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
- Chiropractic Care (Limited to 24 visits/year) - Infertility Treatment (Artificial Insemination Only)	Private Duty Nursing (Limited to 90 visits/year combined with Home Health Care)	Routine Eye Care including Refraction (Limited to 1 visit per year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [Affordable Care Act | U.S. Department of Labor \(dol.gov\)](#) or the U.S. Department of Health and Human Services at 1-877-267-2323 x 61565 or [www.CMS.gov](#). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](#) or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact Centivo at 1-888-391-7788. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA x3272 or [www.dol.gov/ebsa/healthreform](#).

Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-391-7788.

Traditional Chinese (中文): 如果需要中文的幫助, 請撥打這個號碼 1-888-391-7788.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-391-7788.

Pennsylvania Dutch (Deutsch): Fer Hilf griege in Deutsch, ruf 1-888-391-7788 uff.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-391-7788.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-888-391-7788.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-888-391-7788.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, å'gang 1-888-391-7788.

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$55
■ Hospital (facility) coinsurance	30%
■ Other	N/A

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
In this example, Peg would pay:	
<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$30
Coinsurance	\$3,200
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Peg would pay is	\$3,730

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$55
■ Hospital (facility) coinsurance	30%
■ Other	N/A

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
In this example, Joe would pay:	
<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$1,700
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Joe would pay is	\$1,700

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$55
■ Hospital (facility) coinsurance	30%
■ Emergency Room copayment	\$350

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
In this example, Mia would pay:	
<i>Cost Sharing</i>	
Deductibles	\$500
Copayments	\$700
Coinsurance	\$200
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$1,400

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.